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Gangtey / Gogona Trek

This trek is to the beautiful Phobjikha valley (3,000m), one of the few glacial valleys in Bhutan, which lies in the mountains east of Wangduephodrang. After crossing over the pass you soon come to the great monastery of Gangtey, established in the 17th century. The village of Phobjikha lies a few kilometers down from the monastery, on the valley floor. This quiet, remote valley is the chosen winter home of the rare black necked cranes, who migrate here annually from the Tibetan plateau. This moderate trek visits the villages of Gogona and Khotokha, passing through meadows and fields, then forests of juniper, magnolia and rhododendrons in full bloom in April. It is one of the finest low level treks in Bhutan. Season : The best times for this trek are March to May, and September to November. The best months are April and early May when the rhododendrons are in full bloom.

Price:

Trip Start:

Trip Ends:

Duration: 8 Days

Grade: Medium

Altitude:

Destination:

Trip Style:

Transport:

Group Size: 1 - 30+

Best Time: March, April, May, June, July, August, September, October, November

Itinerary

Day	Title	Description
1	Arrive Paro.	On arrival at Paro airport, you will be met by our representative, and transferred to Thimphu on completion of arrival formalities. Overnight at the hotel in Thimphu.
2	Thlmphu – Gangtey.	After breakfast, morning tour of Thimphu, visiting National Memorial Chorten, Tashichhodzong, National Ubrary and Institute for Zorig Chusum (generally known as the Painting School), where students learn the 13 traditional arts and crafts of Bhutan. After lunch drive for about 5 hours to Gangtey. En route cross Dochu-la pass (3,088m) and drive by Wangduephodrang Dzong. Overnight at camp/farm house, Gangtey.
3	Gangtey Gompa – Gogona 15km, 6-7 hours.	Trek commences today. The trail winds gradually upwards through meadows and fields, ascending to Tsele-la pass (3 ,400m) where we stop for lunch. The trail then descends gradually for some time through forests of junipers, bamboo, magnolias and rhododendrons. After a last short climb, we reach Gogona village. The people of Gogona were originally nomads and they speak a language called Bjopkha (language of nomads). Overnight camp.

4	Gogona – Khotokha, 16 km, 6 / 7 hours 16km, 6-7 hours.	The trail winds up gently above Gogona village, climbing into a forest of firs, oak, spruce, rhododendron, cypress and junipers. A long and gradual climb takes us up to Shobju-la pass (3,400m). The path leads down to the wide valley of Khotokha, where the people of Sha (a region of ngduephodrang district) come in summer to graze their animals. Overnight camp.
5	Khotokha – Chazam/Wangduephodrang 12km, 5 hours.	A short ascent takes us to a pass, from which the path descends steeply through ever-changing vegetation till finally reaching the bridge at Wangduephodrang. The trek ends here. Overnight at the hotel in Wangduephodrang.
6	Wangduephodrang – Thimphu.	After exploring the attractive Wangduephodrang and Punakha valleys, we drive to Thimphu. Afternoon sightseeing in Thimphu, including visits to the following as time permits: Folk Heritage and National Textile Museums; Handicrafts Emporium; papermaking factory; market. Overnight at the hotel in Thimphu.
7	Thimphu to Paro.	Morning drive to Paro, en route visiting Simtokha Dzong. Sightseeing in Paro including visits to: Ta Dzong (National Museum), Rinpung Dzong, Drukgyel Dzong and Kyichu Lhakhang. Overnight at the hotel in Paro.
8	Paro Depart.	After early breakfast drive to Paro airport for flight to onward destination, enjoying superb mountain views from the aircraft as you fly out of the valley. Soon you leave Bhutan shrouded in mist and surrounded by her guardian peaks. Our representatives will be there to see you off.
9	Tashi Delek!	