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### Pisang Peak Climbing

Pisang Peak (6091) is a pyramidal trekking peak above Pisang, a village on the Annapurna Circuit, within the Manang district of Northern Nepal. It was first climbed by a German Expedition in 1955. It is considered as one of the easier climbing peaks among the trekking peaks in Annapurna Region of Nepal. Climbing Pisang Peak also involves trekking in the famous Annapurna circuit of the Annapurna region. Additionally, we also visit Muktinath and trek in the beautiful Manang region of Nepal. Our 18-day journey begins in Kathmandu where we meet our climbing leaders/guides and fellow climbers then we drive to Dharapani the next day and begin trekking from there. The diversity of flora and fauna along the trail of this Annapurna Region until reaching the Pisang peak are incredible. The summit of the Pisang Peak offers truly magnificent views of the Annapurna Range like Tilicho Peak, Annapurna II and IV, Ghangapurna and the Glacier Dome. Thus indeed, it is a peak of Sightseeing of snow-capped mountains of the Area. After a successful summit, the descent is made through same route and trek continued to Manang valley and proceeds further up to Throng Pedi, cross a Thorong la pass and approach to Muktinath, the another part of the Annapurna Region. Next Day descent trek to Jomsom to wait for an adventurous 20 minutes flight back to Pokhara. Adventure Ascent offers full board package for this Pisang Peak climbing as a distinctive adventure including climbing permit from NMA and all other necessary logistics from arrival up to departure from Kathmandu.

Price:

Trip Start:

Trip Ends:

Duration: 18 Days

Grade: hard

Altitude: 6091m

Destination:

Trip Style:

Transport:

Group Size: 10+

Best Time: Summer, Autumn and Spring Season

## Itinerary

Day	Title	Description
1	<u>Arrival in Kathmandu (1,300m/4,264ft)</u>	After landing at the Tribhuvan International Airport, Adventure Ascent representative will be there to greet you and take you to the hotel. We will then check-in at the hotel, freshen up and take a rest. Welcome dinner will be hosted in the evening.
2	<u>Kathmandu (1300m/4264ft): trip preparation</u>	After introduction with the city tour guide at the hotel you will begin your tour to Pashupatinath temple, Swayambhunath stupa and Bouddhanath stupa, which are all world heritage sites. Pashupatinath temple is one of the most important places of pilgrimage for all Hindus. Swayambhunath is also known as the Monkey Temple and Baudhanath Stupa is one of the largest stupas in the world. After the tour you will meet with your trekking guide, briefing about the peak climbing and checking your gears will be done afterwards
3	<u>Drive from Kathmandu to Dharapani (1,960m/6,430ft)</u>	We begin our drive to Dharapani after breakfast. It is a long journey via beautiful Nepalese townships. During the beginning of our trip, our trail is alongside the winding Trishuli River. We also pass through Pokhara, popularly known as the Lake City before reaching Dharapani which is one of the biggest village in the Manang valley.

- 4     Dharapani to Chame  
(2,710m/8,891ft)

Today we begin our journey crossing a few steep forested ridges along with several landslides on route to Chame. We should keep our eyes on the ridge line as we will be greeted with magnificent views of Lamjung Himal, Annapurna II, and Annapurna IV (7,525m). We also come across small hot springs which will help us to relax for a while.
- 5     Chame to Upper  
Pisang  
(3,700m/12,136ft)

A narrow steep path through a very dense pine forest will bring us to a dramatic curved rock face, rising 1500m from the river. As the trail opens up, we will be surrounded by Himalayan peaks all the way to Pisang. We ascend around thirty minutes towards a big hill to reach Upper Pisang. Overnight in Upper Pisang.
- 6     Acclimatization

Today is set aside for acclimatization. Spending extra time at a high altitude location will accommodate our body to the high altitude which will guarantee us to have a successful trip. We spend the whole day resting and exploring the village. Exploring the village and interacting with the locals will help us get a better glimpse of the local lifestyle. Throughout the day, the views of Annapurna, Gangapurna and Tilicho are marvelous to look at.
- 7     Upper Pisang to  
Pisang Peak Base  
Camp  
(4,380m/14,370ft): 4-  
5 hours

We begin our trek after breakfast towards the Pisang Base Camp. We ascend on a trail that passes through a thin forest and grasslands. The pasture is used for grazing yaks and is also the best place to set up our camp. The ground is flat and falls on a frequented trail. Overnight at the Pisang Peak Base Camp.
- 8     Pisang Peak Base  
Camp to High Camp  
(5,400m/17,712ft): 3-  
4 hours

We ascend on the south-west ridge and reach the high camp. After setting up our camp, we participate on a basic climbing training. Our guides will provide training on peak climbing techniques and the proper ways of using climbing gears such as the ice axe, climbing boots and crampons, harness, ascender, etc. The training will also include using ropes to go up and down. Although it is not mandatory to have prior training for Pisang Peak climbing, we strongly believe that some training experience will boost your confidence and climbing skills to increase the chances of scaling the summit as well as to fully enjoy the experience. Overnight at Pisang Peak High Camp.

- 9 Summit Pisang Peak and back to base camp  
(6,091m/19,980ft): 8-9 hours We begin our trek early in the morning after breakfast. Today's trail will be mostly on rocky surfaces. The peak is steep; therefore, there is not much snow. We will require around 20m of rope to climb on a ridge. Around the summit is around 70 degree of slope which will require the usage of around 200m rope. Both fixed rope and main rope will be used. The views of the Annapurna ranges and others are extraordinary from the summit. We return to the base camp for an overnight stay.
- 10 Contingency This is a separate day reserved for any contingency. If we are not able to summit the Pisang Peak on the day as planned due to bad weather or any unforeseen event then this day can be used.
- 11 Pisang Peak Base Camp to Manang Valley  
(3,450m/11,316ft) From the base camp of Pisang peak we trek towards Pisang village. From Pisang there are two routes to Manang. We choose the one which passes through Upper Pisang via Geru as it guarantees outstanding views of Mt. Annapurna, Pisang Peak, and others. As we walk near Manang the climate becomes more cold and dry. However, a short visit to Barge Monastery, the biggest monastery in the Manang District should cheer us up. Overnight at Manang.
- 12 Manang to Yak Kharka  
(4,110m/13,484ft) From Manang village, the trail crosses a stream, climbs to the village of Tenki above Manang, and then continues to climb out of the Marshyangdi Valley turning northwest up the valley of Jarsang Khola. The trail follows this valley northward, passing a few pastures, a scrub of juniper trees, as it steadily gains elevation. The trail further passes near the small village of Ghunsa, a cluster of flat mud roofs just below the trailhead. Now the trail goes through meadows where horses and yaks graze. After crossing a small river on a wooden bridge, the trail passes an ancient old Mani wall in a pleasant meadow and then reaches another small village of Yak Kharka. Small but gradual ascent is the key to avoiding altitude problems.
- 13 Yak kharka to Thorang Phedi:  
(4420m/14501ft) It is an uphill walk to Thorang Phedi. After walking for some time, we cross a suspension bridge and reach Ledar village. We ascend further and pass through towering cliffs before reaching Thorang Phedi, the last village before Thorong La. On this trip we are rewarded with one of the best views of Mt. Gundang, Mt. Syagang, Thorung Peak and Mt. Khatungkan. Overnight in Thorang Phedi.

- 14 Thorang Phedi to Thorong La (5416m/17764ft), continue trek to Muktinath (3,800/12,467ft) Crossing Thorong La pass, one of the highest passes in the world will be our ultimate objective today. We will be crossing the pass from east to west (Manang to Muktinath) which is the easiest and safest direction. We get up around three in the morning and walk up the mountain. When we finally make it to the top, we realize that our journey was worth it. We can take a few photos before heading to Muktinath Valley at the foot of the Thorong La pass. We continue trekking to Muktinath which is an important place of pilgrimage for both Hindus and Buddhists. Overnight in Muktinath.
- 15 Muktinath to Jomsom (2,715m/8,910ft) Muktinath is an important pilgrimage site for Buddhists and Hindus alike. In the morning, we tour the temple area and a Buddhist monastery located close to the temple. After the short tour, we continue our trek to Jomsom which is popular for its sweet apples and strong winds. In fact, there are even Nepalese songs that pay tribute to the strong gush of wind that blows in Jomsom around noon. After reaching Jomsom, we can visit its Ecological Museum that provides information on Jomsom's rich culture as well as the flora and fauna that are native to the valley. Overnight in Jomsom.
- 16 Muktinath to Jomsom (2,715m/8,910ft) Today we fly to Pokhara, the lake city in the earliest possible airplane. After checking-in at our hotel, we may take a rest or visit the lakeside area in the vicinity of the Fewa Lake. Here, we can indulge in buying some souvenirs or sampling some local delicacies. Overnight in Pokhara.
- 17 Fly from Jomsom to Pokhara Today we fly to Pokhara, the lake city in the earliest possible airplane. After checking-in at our hotel, we may take a rest or visit the lakeside area in the vicinity of the Fewa Lake. Here, we can indulge in buying some souvenirs or sampling some local delicacies. Overnight in Pokhara.
- 18 Drive from Pokhara to Kathmandu: 6 hours After breakfast, we say goodbye to the beautiful lake city of Pokhara and drive towards Kathmandu. After reaching Kathmandu we have the rest of the day off followed by the farewell dinner in the evening to celebrate the successful completion of our journey.

19 Final departure

Our adventurous trip in Nepal ends today. An Adventure Ascent representative will drop you off at the Tribhuvan International Airport a few hours before the scheduled flight for final departure towards your sweet home.

**Excludes**

Lunch and dinner in Kathmandu and Pokhara.